

# The Trike Stop

## One's Gray Daily Schedule

6:00-8:00	Welcome – Classroom Stations in Ones Red
8:00-8:30	Stories & Songs / Music & Movement
8:30-9:00	Breakfast
9:00-9:30	Outside / Large Motor – Small Playground
9:30-10:30	Art / Sensory / Classroom Stations
10:30-10:45	Music & Movement
10:45-11:00	Circle Time
11:00-11:30	Lunch
11:30-2:00	Nap Time / Quiet Activities
2:00-2:20	Small Motor Activities
2:20-2:30	Circle Time
2:30-3:00	Afternoon Snack
3:00-3:30	Outside / Large Motor – Small Playground
3:30-4:00	Music & Movement
4:00-5:00	Classroom Stations / Free Play
5:00-5:15	Late Evening Snack
5:15-5:30	Goodbye Circle
5:30-6:00	Combine in Ones Red

-This schedule is an outline of what the day looks like; some activities are subject to change

-Diapers are checked / changed every 2 hours throughout the day

-Water is available to all children throughout the day

***\*Please drop off / pick up before 11am or after 2pm***