

The Trike Stop

One's Red Class Daily Schedule

6:00-8:15	Welcome – Classroom Stations
8:15-8:30	Circle Time – Welcome to Class
8:30-9:00	Breakfast
9:00-9:30	Small Motor Activities / Free play
9:30-10:00	Outside / Large Motor – Small Playground
10:00-10:45	Art / Classroom Stations
10:45-11:00	Circle Time
11:00-11:30	Lunch
11:30-2:00	Naptime / Quiet activities
2:00-2:30	Music & Movement / Circle Time
2:30-3:00	Afternoon Snack
3:00-4:00	Sensory / Classroom Stations
4:00-4:30	Outside / Large Motor Activities – Small Playground
5:00-6:00	Light Evening Snack / Carpet Toys

-This schedule is an outline of what the day looks like, some activities are subject to change

- Diapers are changed / checked every 2 hours throughout the day

- Water is available to all the children throughout the day

-If a child is tired outside of “naptime” they are allowed to sleep on their nap mat in the classroom anytime when needed

****Please drop off / pick up before 11am or after 2pm***